



TEA SANGRIA MOCKTAIL

Cooking Class with Vanessa Young

INGREDIENTS

- 5 white tea bags brewed in 4 cups water then cooled
- ½ cup pomegranate juice
- ½ sweet orange (such as Cara Cara), juiced
- ½ sweet orange (such as Cara Cara), sliced into half-moons
- 1 apple, cored and sliced
- 1 cup sliced strawberries
- 1 cinnamon stick
- 1 cup sparkling mineral water, seltzer, or sparkling water

Replace/substitute any ingredients based on your food allergies and preferences.

DIRECTIONS

1. Combine white tea, pomegranate juice, orange juice, orange slices, apple slices, strawberries, and cinnamon stick in a pitcher.
2. Refrigerate at least 2 hours.
3. Add sparkling mineral water, seltzer, or sparkling water right before serving and give a brief, gentle stir.
4. Pour into ice-filled glasses and add some of the fruit from pitcher to each glass.